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|  | **UNIVERSITAS SUMATERA UTARA (USU)**  **FAKULTAS TEKNIK**  **DEPARTEMEN TEKNIK ELEKTRO** | | | | | | | | **Kode Dokumen** |
| **RENCANA PEMBELAJARAN SEMESTER** | | | | | | | | | |
| **MATA KULIAH (MK)** | | | **KODE** | **Rumpun MK** | **BOBOT (sks)** | | **SEMESTER** | **Tgl Penyusunan** | |
| Olahraga | | | TEE3204 |  | **2** |  |  | 7 AGUSTUS 2022 | |
| **OTORISASI / PENGESAHAN** | | | **Dosen Pengembang RPS** | | **Koordinator RMK** | | **Ka Prodi** | | |
| Muhammad Safril, ST, MT | |  | | Suherman, ST., M.Comp., Ph.D | | |
| **Capaian Pembelajaran** | | **CPL-PRODI yang dibebankan pada MK** | | |  | | | | |
| CPL-1 | Mampu menerapkan pengetahuan matematika, ilmu pengetahuan alam/atau material, teknologi informasi dan kerekayasaan untuk mendapatkan pemahaman menyeluruh tentang prinsip-prinsip Teknik Elektro. | | | | | | |
| CPL-2 | Mampu mendesain komponen, sistem dan/atau proses untuk memenuhi kebutuhan yang diharapkan oleh masyarakat dengan dihadapkan pada batasan realistik yang meliputi aspek hukum, ekonomi, lingkungan, sosial, politik, kesehatan dan keselamatan, keberlanjutan. | | | | | | |
| CPL-3 | Mampu mendesain eksperimen laboratorium dan/atau lapangan serta menganalisis dan mengartikan data untuk memperkuat penilaian teknik khususnya dalam bidang Teknik Elektro. | | | | | | |
| CPL-4 | Mampu menyelesaikan permasalahan teknik khususnya dalam bidang Teknik Elektro secara bertanggungjawab dan memenuhi etika profesi. | | | | | | |
| CPL-5 | Mampu menerapkan metode, keterampilan dan perangkat teknik modern yang diperlukan untuk praktek profesi Teknik Elektro. | | | | | | |
| CPL-6 | Mampu berkomunikasi secara efektif, baik lisan maupun tulisan. | | | | | | |
| CPL-7 | Mampu mengevaluasi tugas-tugas dalam batasan yang ada secara disiplin dan menyeluruh. | | | | | | |
| CPL-8 | Mampu untuk bekerja dalam tim lintas disiplin dan multikultural serta global internasional. | | | | | | |
| CPL-9 | Mampu untuk bertanggung jawab kepada masyarakat dan mematuhi etika profesi dalam menyelesaikan permasalahan Teknik Elektro. | | | | | | |
| CPL-10 | Memiliki kapasitas pembelajaran sepanjang hayat termasuk akses pengetahuan yang relevan tentang isu-isu terkini. | | | | | | |
| CPL-11 | Mampu mengidentifikasi potensi daerah di Sumatera Utara dan menerapkan inovasi, metode, keterampilan, dan perangkat teknik elektro yang relevan untuk mengembangkan potensi daerah tersebut. | | | | | | |
| CPL-12 | Mampu mendesain sistem dan/atau proses untuk memanfaatkan energi baru dan terbarukan sebagai sumber energi listrik alternatif dari potensi sumber daya lokal dan nasional dengan wawasan global. | | | | | | |
| **Capaian Pembelajaran Mata Kuliah (CPMK)** | | |  | | | | |
| CPMK 1 |  | | | | | | |
| CPMK 2 |  | | | | | | |
| CPMK 3 |  | | | | | | |
| CPMK 4 |  | | | | | | |
| **Peta CPL – CPMK** | | |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | **CPL 01** | **CPL 02** | **CPL 03** | **CPL 04** | **CPL 05** | **CPL 06** | **CPL 07** | **CPL 08** | **CPL 09** | **CPL 10** | **CPL 11** | **CPL 12** | | CPMK 1 |  |  |  |  |  |  |  |  |  |  |  |  | | CPMK 2 |  | Mohon | diceklis | yang | sesuai |  |  |  |  |  |  |  | | CPMK 3 |  |  |  |  |  |  |  |  |  |  |  |  | | CPMK 4 |  |  |  |  |  |  |  |  |  |  |  |  | | | | | | | | |
| **Diskripsi Singkat MK** | | Mahasiswa diharapkan menegetahui, memahami, menyenangi, dan mampu memelihara gaya hidup aktif dan sehat sepanjang hayat sehingga dapat memberi dampak terhadap peningkatan dan pemeliharaan kebugaran jasmani secara optimal serta lebih siap menghadapi berbagai tugas dan kewajiban kehidupannya baik sebagai individu maupun sebagai anggota masyarakat di lingkungan tempat tinggalnya. | | | | | | | |
| **Bahan Kajian:** Materi pembelajaran | | Pengantar Olaharga, Kebugaran Jasmani Melalui Permainan Olahraga; Bola Basket , Bentuk Latihan Penguasaan Bola (Ball Handling) Dalam Permainan Bola Basket; Bola Basket, Melakukan Operan Dengan Cepat dan Tepat; Bola Basket, Melakukan Serangan Ke Basket Lawan; Bola Basket, Melakukan Pertahanan dan Mendukung Teman Seregu Pada Saat Menguasai Bola.; Bola Basket, Posisi Pertahanan Yang Tepat; Futsal, Posisi Pertahanan Yang Tepat; Futsal, Penguasaan Bola Lanjutan.; Futsal, Membuat Score (Menyerang Gawang); Futsal, Teknik Bertahan; Bela Diri (Pencak Silat), Gerakan Serang Lawan; Mahasiswa dapat mengerjakan latihan tentang bela diri ( pencak silat ) ,gerakan menghindar serangan lawan; Mahasiswa memahami perkembangan teori bela diri (pencak silat),gerakan merangkai gerakan serangan dan menghindar dan tangkisan; Mahasiswa memahami bela diri ( pencak silat ), gerakan mencipta sendiri gerakan serangan dan menghindar dan tangkisan | | | | | | | |
| **Pustaka** | | **Utama:** |  | | | | | | |
| 1. | | | | | | | |
| **Pendukung:** |  | | | | | | |
| 1. | | | | | | | |
| **Dosen Pengampu** | |  | | | | | | | |
| **Matakuliah syarat** | |  | | | | | | | |

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| **Mg Ke-** | **Kemampuan akhir tiap tahapan belajar (Sub-CPMK)** | **Penilaian** | | **Bantuk Pembelajaran;**  **Metode Pembelajaran;**  **Penugasan Mahasiswa;**  **[ Estimasi Waktu]** | | **Materi Pembelajaran**  **[Pustaka]** | **Bobot Penilaian (%)** |
| **Indikator** | **Kriteria & Teknik** |
| **(1)** | **(2)** | **(3)** | **(4)** | **Tatap Muka(5)** | **Daring (6)** | **(7)** | **(8)** |
| 1 | Mahasiswa menguasai teori pengantar olaharga, kebugaran jasmani melalui permainan olahraga | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Pengantar Olaharga, Kebugaran Jasmani Melalui Permainan Olahraga  **Referensi:**  **Mohon diisikan** | 5% |
| 2 | Mahasiswa memahami bola basket , bentuk latihan penguasaan bola (ball handling) dalam permainan bola basket | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Bola Basket , Bentuk Latihan Penguasaan Bola (Ball Handling) Dalam Permainan Bola Basket  **Referensi:** | 5% |
| 3 | Mahasiswa menguasai bola basket, melakukan operan dengan cepat dan tepat | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Bola Basket, Melakukan Operan Dengan Cepat dan Tepat  **Referensi:** | 5% |
| 4 | Mahasiswa mampu menerapkan teori bola basket, melakukan serangan ke basket lawan | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Bola Basket, Melakukan Serangan Ke Basket Lawan  **Referensi:** | 5% |
| 5 | Mahasiswa dapat mengerjakan latihan tentang bola basket, melakukan pertahanan dan mendukung teman seregu pada saat menguasai bola. | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Bola Basket, Melakukan Pertahanan dan Mendukung Teman Seregu Pada Saat Menguasai Bola.  **Referensi:** | 5% |
| 6 | Mahasiswa memahami perkembangan teori bola basket, posisi pertahanan yang tepat | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Mahasiswa memahami perkembangan teori bola basket, posisi pertahanan yang tepat  **Referensi:** | 5% |
| 7 | Mahasiswa dapat mempresentasikan pengetahuan futsal, posisi pertahanan yang tepat | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Futsal, Posisi Pertahanan Yang Tepat  **Referensi:** | 5% |
| 8 | UJIAN TENGAH SEMESTER |  |  |  |  |  |  |
| 9 | Mahasiswa menguasai teori futsal, penguasaan bola lanjutan. | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Futsal, Penguasaan Bola Lanjutan.  **Referensi:** | 5% |
| 10 | Mahasiswa memahami futsal, membuat score (menyerang gawang) | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Futsal, Membuat Score (Menyerang Gawang)  **Referensi:** | 5% |
| 11 | Mahasiswa menguasai futsal, teknik bertahan | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Futsal, Teknik Bertahan  **Referensi:** | 5% |
| 12 | Mahasiswa mampu menerapkan teori bela diri (pencak silat), gerakan serang lawan | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Bela Diri (Pencak Silat), Gerakan Serang Lawan  **Referensi:** | 5% |
| 13 | Mahasiswa dapat mengerjakan latihan tentang bela diri ( pencak silat ) ,gerakan menghindar serangan lawan | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Bela Diri ( Pencak Silat ) ,Gerakan Menghindar Serangan Lawan  **Referensi:** | 5% |
| 14 | Mahasiswa memahami perkembangan teori bela diri (pencak silat),gerakan merangkai gerakan serangan dan menghindar dan tangkisan | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Bela Diri (Pencak Silat),Gerakan Merangkai Gerakan Serangan dan Menghindar dan Tangkisan  **Referensi:** | 5% |
| 15 | Mahasiswa memahami bela diri ( pencak silat ), gerakan mencipta sendiri gerakan serangan dan menghindar dan tangkisan | 1. *The accuracy in providing the information required* 2. *The student’s fluency in reading the memo (spelling, intonation, and speed)* 3. *The correctness of the student’s answers* | **Kriteria:**  *Marking Scheme*  **Bentuk:**  *Worksheet* (Non-Tes)   1. *Reading the memo provided.* 2. *Responding to the opening questions given.* 3. *Completing the table (problem-solution) according to the information in the memo.* 4. *Finding the word or phrase with similar meaning (synonym) according to the information in the memo.*   *Classifying the words or phrases with the correct headings.* | BM [(1x(2x60”)]  **Kegiatan:**   1. *Reviewing the previous lessons.* 2. *Reading the added learning materials.* 3. *Recording the presence.* 4. *Responding to opening questions in the ‘Discussion Forum’ section.* 5. *Submitting the assigned tasks.*   PT [(1x(2x60”)]  **Task 3:**  *Restating the information obtained in the form of an a-150-words paragraph.*  **Moda (*Learning Management System*):**  [elearning@usu.ac.id](mailto:elearning@usu.ac.id) | TM [(1x(2x50”)]  **Kegiatan:**   1. *Making notes of the learning materials explained.* 2. *Responding to the questions or instructions given.* 3. *Completing all the provided exercises individually.* 4. *Discussing the exercises completed.*   **Media:**  *Power Point Presentation (PPT)*  *Zoom Meeting*  *Audio Recording*  *English Handout*  **Metode Pembelajaran:**   1. *Online Lecture* 2. *Discussion* 3. *Self-Paced*   *Learning* | **Pokok Bahasan:**  Bela Diri ( Pencak Silat ), Gerakan Mencipta Sendiri Gerakan Serangan dan Menghindar dan Tangkisan  **Referensi:** | 5% |
| 16 | UJIAN AKHIR SEMESTER |  |  |  |  |  |  |
|  | Total | | | | | | **100** |